

## 2001 California Dietary Practices Survey

**Table 13: Range of Fruit and Vegetable Servings**

Question: Did you have any fruit, vegetables, salad, or juice yesterday?

	Percent Servings Eaten			
	0	1-2	3-4	5+
Total	10	27	29	34
<i>Sex</i>				
Males	11	30	26	33
Females	9	25	32	34
<i>Males</i>				
18 - 24	10	30	24	36
25 - 34	13	26	26	34
35 - 50	12	27	31	30
51 - 64	9	37	22	31
65+	6	32	23	39
<i>Females</i>				
18 - 24	16	31	26	27
25 - 34	9	28	34	29
35 - 50	9	20	32	39
51 - 64	12	22	32	35
65+	1	24	35	39
<i>Ethnicity</i>				
White	10	27	28	36
Hispanic	9	23	35	33
Black	15	34	27	24
Asian/ Pacific Islander	7	33	27	33
<i>Education</i>				
Less than high school	11	31	30	28
High school graduate	11	29	29	31
Some college	12	30	26	32
College graduate	6	20	33	40
<i>Income</i>				
Less than \$15,000	14	30	28	28
\$15,000 - 24,999	9	24	30	37
\$25,000 - 34,999	9	26	30	36
\$35,000 - 49,999	13	26	27	34
\$50,000+	8	26	30	36
<i>Physically Active</i>				
Did not meet recommendations	11	32	30	28
Met recommendations	8	21	28	42
<i>Overweight Status</i>				
Overweight/Obese	11	27	30	33
Not overweight	8	27	29	36

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test:

\* p<.05

\*\* p<.01

\*\*\* p<.001